

## CRISIS SERVICES CONTINUUM 11/15/07

## CRISIS REGION SERVICES

CenterPoint is a designated *Crisis Region* (Davie, Forsyth, Stokes Counties) with the following services in place:

- Local inpatient hospital care (Forsyth Medical Center, Baptist Medical Center)
- Ten guaranteed state-funded inpatient beds at Old Vineyard Behavioral Health
- First Opinion Waiver Program
- Mobile Crisis Management Team (struggles in fee-for-service environment)
- John Umstead Hospital Part-time Liaison
- Walk-in 24 hour crisis assessment and services
- CenterPoint-operated 24 hour ACCESS line (Screening, Triage, Referral)
- Warm Line provides support to consumers after discharge
- Peer Support Specialist Assoc. and Peer Support Specialist employed by LME
- Indigent Pharmaceutical Patient Assistance Program (\$2.2 million FY07) and laboratory services
- Reverse Co-location Grant
- Housing units increased 33% from 117 units in FY06 to 156 units in FY07

## SERVICES UNDER CRISIS PILOT

GOAL: Reduce admissions to state hospitals and utilize beds for consumers requiring longer length of stay

- Enhanced psychiatric services to expand capacity and consumer access
- Services to individuals at risk or involved with legal system.
  - Jail-based clinician and Peer Support Specialist
  - HSRI Jail Diversion Cost Simulation Model to assess cost of appropriately serving consumers in the legal system
  - Crisis Intervention Training in collaboration with NAMI and MHA
- Enhanced Mobile Crisis Management Team
- Adult transitional housing for hospital diversion or step-down from inpatient care
- Child respite care for hospital diversion or step-down from inpatient care
- Community Building recovery-based program promoting housing, work and independence
- Expanded Substance Abuse services
  - o Residential apartment services for women and their children
  - Substance abuse assessment and treatment in rural counties
- State & Local Hospital Liaisons, assisted by Peer Support Specialists, coordinating care between hospitals and community services

## **UNFUNDED CRISIS SERVICE NEEDS**

- Expanded Substance Abuse services
  - Increased capacity for assessment and treatment to meet current demand, especially in rural communities
  - Evidence-based outpatient services such as Integrated Dual Disorder Treatment Program
  - o Substance abuse service integrated with primary care
- Additional psychiatrists to provide timely access for *Routine* consumers
- Living Room Program for 3-5 day voluntary stay in a home-like environment to prevent inpatient hospitalization for consumers who can be appropriately served in the community
- Four additional LME Peer Support Specialist positions
- Drop-In Center (Peer-run)
- Expansion of mental health integration into rural counties